



# MOM'S GROUP

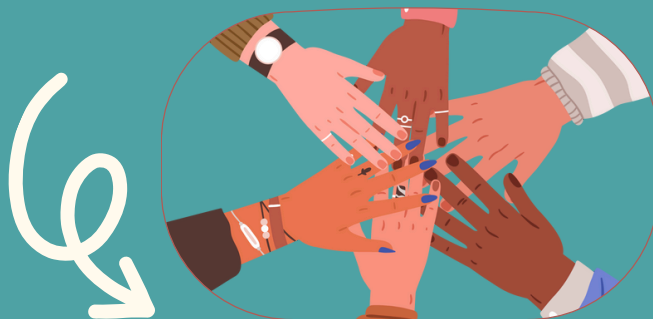
This is an additional space for mothers and those in caregiving roles living within HIV Support Services. The Mom's Group has access to all supports available in HIV Support in addition to these other services intentional for their space:

- Monthly Practical Assistant
- Celebrated events for Mom's Group – Mother's Day, Love Positive Women, International Women's Day
- Holiday support for Toys for children (all ages if available)
- Baby/Child support offered if available (clothing, formula, diapers, etc.)
- Women's PAC
- On-going resources shared
- WhatsApp group

All services are free and confidential\*



# ENGAGE & CONNECT



**Waheeda Ali**  
(She/Her)

Program Manager  
HIV/AIDS Support

**Proscovia Luzige Nyanzi**  
(She/Her)

Program Coordinator  
Wellness & Life Skills

**Derrick Kaweesa**  
(He/Him)

Program Coordinator  
Multicultural HIV Prevention

**Marina Elford**  
(She/Her)

Program Coordinator  
HIV Support Services

**Shanice Harris**  
(She/Her)

Program Coordinator  
Women's Health

Visit our website to learn more  
[cayrcc.org](http://cayrcc.org)



**CAYR**  
COMMUNITY CONNECTIONS  
People Supporting People

**HIV**

**SUPPORT**

**SERVICES**

GET TO KNOW OUR  
PROGRAM & SERVICES



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# ALL ABOUT CAYR

## Mission

CAYR creates welcoming, confidential, and inclusive environments for dignified support and education, empowering a diverse population including:

- People living with and those affected by HIV/AIDS
- Individuals affected by or at risk of HIV/Hepatitis C
- People who use substances
- Members of the 2SLGBTQ+ community, and
- Allies and partners supporting underserved communities

## Vision

We envision stigma-free, inclusive and informed communities, fostering an environment where individuals thrive.

## Values

Our values are rooted in the principles of:

- Greater and meaningful involvement and engagement of people with lived experience of HIV/AIDS, drug and substance use, as well as 2SLGBTQ+ identified community members.
- Harm Reduction
- Anti-Racism/Anti-Oppression



## PROGRAMS AT CAYR

### HARM REDUCTION

### HCV PROGRAM

### RAINBOW SPACE

### CAYR PANTRY

### OFFICE DROP-IN

### & OUR PROGRAM, HIV SUPPORT!

All services are free and confidential\*



## WHAT WE OFFER IN SUPPORT SERVICES

PRACTICAL SUPPORT

PEER ADVISORY COMMITTEE

DRIVE TO CARE/WELLNESS  
DRIVE PROGRAM

CASE MANAGEMENT

ANNUAL SCHOLARSHIP  
PROGRAM

WELLNESS & LIFE SKILL  
DEVELOPMENT

HIV TESTING SERVICES